



- ❖ A Co-creative, arts-based engagement process
- Uses a number of methods to (re)establish connections with nature
- Invites creative encounters with the past, present and future
- Inspires imaginative and innovative story-telling



Methodology

- Memory work
- Immersion in nature
- Eco-therapy
- Body mapping
- Embodied reflection throughout

Part of the process delivery in Nicosia as captured by illustrator Eleana Chrysanthou

Connection and Transformation



